



**Juniors under 14 years must not be left unattended.  
Also we would encourage all Juniors to please use chill floats at all times when in the sea.**

**Please note any last minute amendments to swims will be posted on JLDSC Facebook page**

<u>Date</u>	<u>Time of High Tide</u>	<u>Height of Tide in Feet</u>	<u>Height of Tide in metres</u>	<u>Venue</u>	<u>Check in for Swim From</u>	<u>Swim Start Time</u>	<u>Organiser and Contact Phone Number</u>	<u>Notes</u>
<b>2022 Bank Holiday</b> Monday May 2	08.15	34.8	10.6	St Catherine's Bay	11.00 am	11.30 am	Jenny Fitzgerald 07797 716480 Dee Richards 07797 777844	Ice Breaker - Please bring lots of warm layers, including hats, gloves and scarf, clothes that are easy to get on (not jeans) and a warm drink for after swim
Sunday May 8	11.31	25.3	7.7	Archirondel	10.30 am	11.00 am	Nikki Brown 07797 736455 John Asplet 07797 751049	Kayakers required please  Please bring lots of warm layers including hats, gloves and scarf. Please bring beach shoes

Sunday May 15	06.30	35.1	10.7	St Catherine's Bay	10.30 am	11.00 am	Sam Pison 07797 722322 Nikki Brown 07797 736455	HEALING WAVES  Charity Swim  Kayakers required please
Saturday May 21	11.08	30.8	9.4	Ouaisne to Beauport and back	09.00 am	09.30 am	COMMITTEE	LONG SWIM FOR MEMBERS TRAINING FOR BIG SWIMS PLEASE LIAISE WITH COMMITTEE IF YOU WANT TO SWIM Meet at Ouaisne Kayakers required please Approx. 2½ hour swim
Sunday May 22	12.09	28.5	8.7	Ouaisne	11.00 am	11.30 am	Chantelle Le Guilcher 07797 852176 Billie Cave 07797 726173	Kayakers required please  Please bring lots of warm layers including hats, gloves and scarf.
Sunday May 29	06.36	32.8	10.00	Havre des Pas Flambard Trophy	09.30 am	10.00 am	John Asplet 07797 751049 Jenny Fitzgerald 07797 716480	Trophy Presentation after the swim

Sunday June 5	10.35	28.2	8.6	Mike's Slip Mike Kempster Swim	09.30 am	10.00 am	Bianca Kempster 07797 777803 Dee Richards 07797 777844	Kayakers required please
Tuesday June 7	12.19	26.9	8.00	Tuesdays nights commence in the sea at St Catherine's Slip	6.00 pm	6.30 pm	Committee	Please bring lots of warm layers and a hot drink for after swim. Please note swims will start sharp at 6.30 pm everyone is to be out of the water by 7.30 pm so please don't be late.
Sunday June 12	05.05	32.2	9.8	Bouley Bay	07.00 am	07.30 am	John Asplet 07797 751049 Martin Powell 07797 730455	Kayakers required please  Please bring beach shoes
Saturday June 18	10.14	33.8	10.3	TBC	08.00 am	08.30 am	COMMITTEE	Long swim for members training for big swims PLEASE LIAISE WITH COMMITTEE IF YOU WANT TO SWIM Approx. 3 hour swim KAYAKERS REQUIRED PLEASE
Sunday June 19	11.04	32.2	9.8	Green Island McLaughlin Family Swim	10.00 am	10.30 am	Marilyn Le Guilcher 07797 776083 Sam Pison 07797 722322	Kayakers required please  Trophy Presentation after the swim  Father's Day

Sunday June 26	05.21	29.9	9.1	St Catherine's	08.00 am	08.30 am	Chantelle Le Guilcher 07797 852176 Nikki Brown 07797 736455	Kayakers required please.
Saturday July 2	09.14	31.5	9.6	TBC	08.00 am	08.30 am	COMMITTEE	Long swim for members training for big swims PLEASE LIAISE WITH COMMITTEE IF YOU WANT TO SWIM Approx. 3 to 4 hour swim KAYAKERS REQUIRED PLEASE
Sunday July 3	09.48	31.2	9.5	Archirondel to Anneport and back	08.30 am	09.00 am	Billie Cave 07797 726173 Jenny Fitzgerald 07797 716480	Kayakers required please  Masters & Mini Masters Swim  Trophy Presentation after swim
Sunday July 10	16.03	29.9	9.1	Sally Parmesan Swim St Brelade's Bay Church end	03.00 pm	03.30 pm	Nikki Brown 07797 736455 Bianca Kempster 07797 777803	Kayakers required please
Thursday July 14	7.36	35.1	10.7	JSC St Aubin's Fort	Registration 06:30 pm		JSC	Forms from JSC 2k swim

Sunday July 17	10.03	35.1	10.7	NO CLUB SWIM AS MAIN TRIATHLON			NO SWIM	Jersey Accuro Triathlon
Sunday July 24	16.16	27.2	8.3	Ouaisne De Caux Trophy Swim	3.00 pm	3.30 pm	Marilyn Le Guilcher 07797 776083 Chantelle Le Guilcher 07797 852176	Kayakers required please Trophy Presentation after the swim
Sunday July 31	08.59	32.8	10.00	Greve de Lecq	08.00 am	08.30 am	Dee Richards 07797 77844 Martin Powell 07797 730455	Kayakers required please
Sunday August 7	14.09	27.6	8.4	St Catherine's	10.00 am	10.30 am	Bianca Kempster 07797 777803 Nikki Brown 07797 736455	Kayakers required please Sally's Swim for Charlie Channel Tide 4 to 9 August 2022
Friday Aug 12	07.30	35.1	10.7	JSC Open Water Festival St Catherine	Registration 06:30 pm		JSC	JSC Open Water Festival 2.5k & 5k swims

Sunday August 14	09.01	36.7	11.2	Belcroute	07.30 am	08.00 am	Jenny Fitzgerald 07797 716480 Marilyn Le Guilcher 07797 776083	Kayakers required Remember beach shoes Note: JSC Open Water Festival Havre des Pas 1k 2k & 3 x 400m relays registration 7.30 am
Sunday August 21	14.07	24.9	7.6	St Catherine's Bay	12.00 pm	12.30 pm	Billie Cave 07797 726173 Sam Pison 07797 722322	Kayakers required please
Sunday August 28	09.01	36.7	11.2	JSC Green Island to Havre des Pas	Registration 07.30 am		JSC	Forms from JSC 2.4k swim
Sunday Sept 4	12.15	27.9	8.5	Portelet Bay	10.30 am	11.00 am	Billie Cave 07797 726173 Martin Powell 07797 730455	
Tuesday Sept 6	15.35	27.2	8.3	Junior Series 800 metre swim at St Catherine's Slip	6.00 pm	6.30 pm	Committee Junior Series	Sponsored by Granite Products Kayakers required please Junior Series 800 metre starting at St Catherine's Slip round a designated course and back to the slip

Sunday Sept 11	07.59	37.1	11.3	Le Hocq to La Rocque Karen Delahunty Swim Distance 1.42 miles	07.00 am	07.30 am	Bianca Kempster 07797 777803 Sam Pison 07797 722322	Kayakers required please for JLDSC Trophy Presentation after the swim  JLDSC Senior Club Championships  Note: JSC Open Water Festival at Bouley Bay forms from JSC 1.5k & 3k swims
Tuesday Sept 13	21.27	37.1	11.3	Junior Series 1000 metre swim Mike's Slip to St Catherine's Slip	6.00 pm	6.30 pm	Committee Junior Series	Sponsored by Granite Products Kayakers required please Junior Series 1,000 m
Saturday Sept 17	11.04	28.9	8.8	Junior Series 1600 metre swim Mike's Slip to Archirondel and back	10.00 am	10.30 am	Committee Junior Series	Sponsored by Granite Products Kayakers required please Junior Club Championships & Junior Series - 1,600 metres
Sunday Sept 18	11.41	26.2	8.00	JSC Castle to Harbour Swim	Registration 10.00 am		JSC	Jersey Swimming Club Forms from JSC 1.6k swim
Sunday Sept 25	07.05	33.8	10.3	Charlie's Guinness Swim St Catherine's to Archirondel and back	08.30 am	09.00 am	Chantelle Le Guilcher 07797 852176 Dee Richards 07797 777884	Kayakers required please

Tuesday Sept 27	20.23	36.7	11.2	St Catherine's Slip Night Swim	TBC	TBC	Committee	Last Tuesday night in the sea Please bring warm clothes and a hot drink Light sticks required
Saturday Oct 29	21.52	33.8	8.3	Halloween Swim Bouley Bay	7.00 pm	7.30 pm	Marilyn Le Guilcher 07797 776083 Chantelle Le Guilcher 07797 852176	Night swim - light sticks required Bring warm clothes and a hot drink for after swim
Saturday Nov 26				JLDSC Annual Dinner and Prize Giving at Ambassadeur Hotel			Marilyn Le Guilcher  Pat Roberts	Ambassadeur Hotel
Sunday Nov 27	12.13	26.6	8.1	JLDSC Annual General Meeting	10.00 am	10.30 am		Ambassadeur Hotel
Sunday December				Christmas Pudding Swim	TBC	TBC	Annette Campbell	Bring warm clothes and a hot drink
Saturday January 1 2023	12.41	28.9	8.8	St Catherine's Slip	10.30 am	11.00 am	Committee	JEP Photographer