



June / July 2018

RECENT ACTIVITIES

What a fantastic start to the open water season we are having. The weather has been hot and sunny which has encouraged lots of swimmers into the sea. Those training for big swims have clocked up the mileage and time in the water and light winds have meant that all our big swims have run (or swum) to schedule.

Tuesday evenings have remained popular and amongst the new faces joining us in the sea are juniors Ollie Butlin and Ethan Mwanga and seniors Jorge Cabrejas, Julie Pearce, Manuela French, Marie Larvin and Daniel Thomas.



Club Swims

We have had many successful Sunday swims;

Blessed by the sunshine again at Green Island for the Robert McLaughlin swim

Mingled with the rowers during the St Aubin's slipway swim

Battled through the swell towards Rhona's café at the end of the Seymour slip swim

Flat, calm conditions for the St Catherine's to Archirondel and back swim, this was also a first for some of our swimmers.

Many thanks to the kayaking duo "the 2 John's" who keep a watchful eye over us. Also, thanks to the swimmers who help with our juniors and less experienced adults. And of course, thanks to our swim organisers who arrange the swim and provide the tasty cakes for afterwards!



JSC Swims

Congratulations to all club members who took part in the Jersey Swimming Club Green Island to Havre des Pas swim. Members results published at the end. Unfortunately, the St Aubin Fort swim was cancelled due to the stormy weather.

Pink Swim



Remember the pink swim back in May?
Thank you to everyone who wore pink and donated money / cakes. We had a great turnout and raised a fab £205 for Macmillan Jersey!!
Well done everyone !!

A big well done to Jorge Cabrejas who was awarded the Flambard trophy for his enthusiasm and willingness to support others!
Well done to everyone who took part in the swim!



Arctic Circle swim

“Well we did it, Jersey girls went back in time. Left Finland just after midnight. Arrived in Sweden the day before we left!!!! “

Congratulations to Bianca Kempster, Hayley Butlin, Fay de Gruchy & Debbie Banks

Sea Donkey

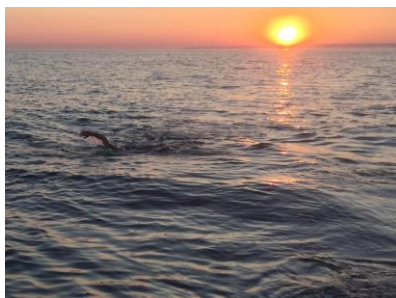
Club life member and friend of many in Jersey, Adrian Sarchet, otherwise known as Sea Donkey brought his film to Jersey on 22nd June at the Jersey Arts Centre. It was an amazing documentary about his attempt to swim from Northern Ireland to Scotland followed by an entertaining Q&A session with Adrian. If you didn't manage to make it the film can be downloaded/purchased at www.seadonkeyfilm.com



Congratulations to Alice Harvey and Andy Truscott on some fab results at the Champion of Champions competition in Dover! Alice was 5th lady in a time of 5 hours 42 mins 18 sec
Andy was 10th male in a time 5 hours 27 mins 3 sec
Brilliant !! 🏆 🌊 Well done guys!

Marathon Swims

It has been a really successful summer for Round Jersey and Jersey to France swims amongst others. Many congratulations and well done to everyone. A full round up will follow separately. However there have been 3 outstanding swims which deserve a special mention;



Guernsey to Jersey

8th July – Wendy Trehou

Wendy successfully completed this swim in a time of 16 hrs 46mins becoming only the 3rd person to achieve it. Congratulations Wendy.



Double Round Jersey swim

14th July – Andy Truscott

Round and Round He Goes. Andy successfully completed the double in a time of 22hrs 7mins. An amazing achievement, well done Andy.

He is raising funds for two charities; Littlefeet Environmental that specializes in coastal protection of Jersey's beaches and headlands and the RNLI. Here are the links if you would like to donate.

<https://www.justgiving.com/crowdfunding/andy-truscott> (Littlefeet)

<https://www.justgiving.com/fundraising/andy-truscott1> (RNLI)



English Channel swim

22nd July – Alice Harvey

Alice successfully completed her English Channel swim in a time of 13 hrs 11mins. An incredible swim, well done Alice.

Green Island to Havre des Pas results

Ladies

2 Chaytor, Leigh	33.21
5 Jones, Sarah-Jane	35.39
6 Harvey, Alice	36.08
7 Taylor, Vicky	37.24
13 Bree, Julie	40.21
14 Harvey, Marion	43.23
16 Le Bailly, Kelly	45.52
17 Pipon, Samantha	46.30
18 Brown, Ocean	47.24
19 Lyndsay, Valerie	47.41
21 French, Manuela	49.37
22 Le Masurier, Anne-Joy	57.02

Men

9 Jones, Ian	32.28
15 Bell, Chris	34.37
16 Swart, Craig	35.08
21 Thomas, Daniel	35.58
24 Halliday, Stuart	39.17
25 Matthew, Graham	39.32
27 Matthew, Greig	40.12
28 Church, William	41.54
29 McLaughlin, Samuel	42.14
31 Spalding, Scott	43.04
33 Brooke, Tim	44.08
35 Powell, Martin	49.14

.....STOP PRESS.....

Life member Nick Adams has also just swam across the English Channel in a time of 12 hrs 27mins. This brings his tally up to 14 crossings! Awesome!



Senior Club Championships- Sunday 26th August

Once again, our Senior and Masters championships will be incorporated into the Open Water Festival weekend of swimming. Our championships will take place on Sunday 26th August at St Catherine's at 7am.

Any club member is eligible to enter these swims but a minimum of 3 club swims have to be completed prior to the event to be eligible to win any of the trophies. Either Sunday or Tuesday swims.

Entry forms can be obtained from Jenny (jerseyldsc@gmail.com) or admin@jersey-swimming-club.org

Forms to be returned to JSC. Closing date 12th August

[UK Life Member David Coleman on his Gibraltar Straits swim](#)

I finally got to Swim the Straits of Gibraltar on the 25th of April on my 3rd visit to Tarifa, the jumping off point in southern Spain.

It is not without reason that Tarifa is known as the kite surfing capital of Europe and the Levante wind prevented me from swimming on my two previous visits.



This is not a long Swim, the shortest point to Morocco North Africa is 14.8k but the Swim does present challenges. The aforementioned wind plays havoc with preparations and the currents coming from the Atlantic to the Mediterranean can add distance to the Swim.

I was fortunate to be invited to share the slot with a Spanish friend of mine and another English swimmer. This is one of the few swims that will allow for pod swims of up to 4 swimmers. The organisers are very keen to ensure swimmers can maintain a good pace, usually 3k per hour in order to combat the currents. The difficulty is staying together in the choppy conditions and the pilot and organisation are very strict about the swimmers staying together at all times. This means that the pod swims at the speed of the slowest person, amazingly not me this time!

Besides my swim cap being ripped off by a wave in the first 10 minutes, the Swim went pretty well perfectly from start to finish. At one point we were surrounded by dolphins and although we could hear them under the water they were impossible for us to see in the swell.

I completed the swim in 4 hours 32 and swam 15.1k in a very straight line from start to finish. This swim permits you to touch the North African coast if it is too rough to land as was the case on this swim.

I was thrilled to finally get this swim done and recommend it as a really satisfying swim as it is a hoot swimming from Europe to Africa!